

# Iowa SIDS Foundation



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## Supporting Families Today, Educating for the Future

### New Standard for Infant Sleep Products

In February, the **ASTM International's** consumer products committee approved a new standard for wearable sleep products. The ASTM (American Society for Testing and Materials) developed this new specification to address accidents that were associated with these wearable sleep products that include sleep suits, sleep bags, swaddle products and other products that are made of fabric intended to function as a bedding substitute providing thermal insulation, containment, or both during sleep. Incidents were identified by the U.S. Consumer Product Safety Commission (CPSC) and included identified hazards such as suffocation, strangulation, and choking. This new standard establishes test methods, and performance and labeling requirements to help promote the safe use of these products. You can read more details about this specific standard (ASTM F3735-26) at [www.astm.org](http://www.astm.org).



Safe sleep can be hard. YOUR BABY IS WORTH IT.



### Federal Grant Funding Supporting the AAP Restored

Toward the end of 2025, the Department of Health and Human Services suddenly terminated seven major grants to the American Academy of Pediatrics including specific grants aimed at reducing sudden infant deaths. Three of the terminated grants came from the CDC and four game from HRSA, agencies historically central to maternal and children health. Administration officials stated at that time that the grants no longer aligned with agency priorities. Earlier in 2025, the NICHD Safe to Sleep program was also eliminated which had served as the federal backbone of national safe sleep messaging. When the AAP lost this key federal funding, the country found itself in a fragile moment with concern on how families would receive consistent, evidence-based and culturally responsive safe sleep guidance. Thankfully, in February, the federal grant funding that supports the AAP was restored. These funds will work to support critical public health work that includes safe sleep education and injury-prevention efforts. The AAP holds the responsibility for developing and updating the nation's safe sleep guidelines and now with the funding restored those guidelines can be disseminated and operationalized.



Safe sleep education is an effective tool in risk reduction and families need clear and consistent guidance through trusted systems. We are thankful for the restoration of this funding and will continue to do our part to share safe sleep information.

- Volunteer at your local walk.
- Host a fundraising event.
- Create a Facebook Fundraiser.
- Become a Peer Contact.
- Serve on the Board.
- Submit an article for the newsletter.
- Participate in the Birdies for Charity event.
- Follow us on social media.
- Complete your parental consent/volunteer form.
- Make a monetary donation.
- Tell others about the Iowa SIDS Foundation.



## Volunteer Opportunities with the Iowa SIDS Foundation



If you are looking for ways to get involved this year with the Iowa SIDS Foundation we have some exciting opportunities for you! In addition to Walk volunteers we are also looking for individuals interested in joining the Iowa SIDS Foundation Board of Directors and the Peer Contact Program. Read more about the roles and responsibilities for each below and reach out to [casey@iowasids.org](mailto:casey@iowasids.org) if you are interested in learning more or getting involved!

**ISF Board Member Role:** This volunteer positions involves a three year commitment. The Board meets three times a year and is governed by by-laws. The vision and purpose of the Board is to provide direction for the Iowa SIDS Foundation mission and vision, assist in coordinating materials and events and to fundraise to support programs and services. Members may be SIDS parents or other family member or applicable professionals.

**Peer Contacts:** A Peer Contact volunteer is a parent who has experienced the death of an infant and who contacts grieving family members to offer support during their grief journey. Peer Contacts must be a minimum 1 year post loss and are required to attend a Peer Contact training session provided by the Foundation. Peer Contacts are closely supported by office staff.

Contact [casey@iowasids.org](mailto:casey@iowasids.org) to learn more and get involved!

## New Resources Coming in 2026

We are excited for the creation of two new professional resources in 2026!

With the support of funding from the state, we are working to create a grandparent specific safe sleep brochure. Grandparents play an important role in the health and safety of their grandchildren and since recommendations have changed over time, a resource specifically for them will be helpful in understanding what is safe when it comes to sleep. Also in the works is a Safe Infant Sleep Field Guide for the Professional Child Care Provider. This field guide will help child care providers make safe sleep choices and evaluate their current policies and procedures all while empowering them to be safe sleep educators and advocates!

The Safe Infant Sleep for the Child Care Provider field guide will be completed by May and the grandparent brochure is projected to be completed by September. You can read more about all our resources and order your free copies on our website [www.iowasids.org](http://www.iowasids.org) under the “What We Do” tab or by scanning the QR code.



## Infant Deaths Continue Even After Recall

In April 2019, the Consumer Product Safety Commission announced the recall of nearly 5 million inclined sleepers after multiple reports of infant deaths. Just 3 years later in 2022, Congress passed the Safe Sleep for Babies Act which banned the manufacturing and distribution of inclined sleepers and crib bumpers. Unfortunately the CPSC reannounced the initial recall in 2023 after additional infant deaths were reported in these products.

At least 50 infants died in an inclined sleeper after the product was recalled. A recent study published in February 2026 from the National Center for Fatality Review and Prevention worked to learn more about the infants who died in incline sleepers with hopes of understanding why product usage continued even after multiple recalls. Authors of the study noted that some inclined sleepers were rebranded as swing of loungers after the 2022 Safe Sleep for Babies Act and these changes may have caused confusion for parents and caregivers. It was also noted that some users may have purchased the sleepers secondhand and not been aware of the recall.

Authors encouraged more education about recalls and safe product usage for families and safe sleep education for all parents and caregivers. Reminder, infants should only sleep in a crib, pack n play or bassinet. These environments meet specific safety standards and manufacturing requirements. If an infant falls asleep on a different surface such as a swing or bouncer, they should be moved to a safe sleep environment immediately.



# Remembering Our Babies

## Happy Birthday

### March

Sterling Grayson McFerren  
Deztiny Love Donna Heisdorffer  
Logan Grant Higginbotham  
Bently M. Hullinger  
Katelyn Joy Lacey  
Konner Lihs  
Sterling Grayson McFerren  
Benjamin Scott Meints  
Robby Matthew Miller  
Mariah Pickering  
Kelly Ann Pitts  
Anthony Alan Ross  
Cody Raymond Rupe  
Marley Jean Schults  
Sawyer Reign Springsteen  
Barry Gene Stouwie II  
Emily Rose Studer  
Royce Sutton  
Benjamin James Swanson  
Sophia Halas Welch  
Zahir Whitaker

### April

Olivia Nora Aikey  
Rachel Marie Anderson  
Mason James Bauer  
Mabel Marie Bohr  
Emma Nicole Bright  
Alice Anna May Christen  
Joey Cusick  
Gina Marie Dolphin  
Jordan Lynn Evans  
Bentley Earl Ewoldt-Jacobsen  
BROCK OUR ROCK  
Brooke Louise Goodyk  
Gavin Eli Gratz  
Brianna Jo Green  
Emily M. Havens  
Gretchen Lynne Hummel  
Steven Michael Jeneary  
Lindsey Marie Krusemark  
Ryan Dennis Mougín  
Gregory Thomas Oetzel GTO  
Kaleb J. Peverill  
Tianna J'Nae Purk  
Jaxen Rosendahl  
Andrew Jay "A.J."  
VanDerSchaaf  
Jadin Diane Vega  
Gavyn Darwin Webb

### May

Summer Sky Archer-Lawrence  
Ma'Lani Barnes

Cael David Burmeister  
Harley Rae Carruthers  
Emmett Leo Clary  
Jordan Lee Daniel  
Caitlin Rose Davis  
Cole Alexander Davis  
Joseph Dale Davis  
Joseph Laurence Devore  
Caden DeVries  
Parker G. Donaldson  
Teagon Lee Fowler  
Mattilynn Elizabeth Jade Goodner  
Marianna Sarina Guess  
Sullivan Garrett Hall  
Devon James Hayes-Jones  
Kristina Ann Krienert  
Ethan Troy Livingston  
Jaxon Matt  
Dominick Paul McFarland Jr.  
Matthew Timothy Otten  
Bjorn Kai Packard  
Mario Franisico Robles  
Justin Ryker Swick  
Dawson Thomas Vandello  
Jessica Lane VanMeighem  
McKensie Lynn Wakeman  
Caleb Richard Williams

### June

Sydney Nicole Allen  
Nathaniel Frederick Borelli  
Ryan Michael Burris  
Cheyanne Marie Camp  
Shialoh Marie Christopher  
Landon Davis  
Allison Renee Elliott  
Thaddeus Charles Ernzen  
Kobbi Estrada  
Melissa Sue Lemon  
Noah Oliver Martinez  
Colin Michael McGaffin  
Zachary D. Mohatt  
Alexis Deane Rudkin  
Tara Beth Schroeder  
Laikyn Allyn Shutts  
Douglas Ronald Tietge  
Devon Owen Tripp  
Zachary Richard Van Vleet

## In Loving Memory

### March

Maria Irene Andersen  
Brianna Alexis Bostock  
Brianna Elizabeth Boyd  
Sophie Ann Kracht  
Taylor Rose Levi  
Hazel Christine Liston  
Baylee Ann Ludtke  
Robby Matthew Miller  
Grant Michael Palan  
Cameron Palmer  
Jessica Lynn Sammons  
*Nathaniel Charles Seymour*  
Gavin Lee Sievers  
Leavy Joel Simaj-Christianson  
Isaiah Thomas Swailes  
Zayden Robert Vote  
Spenser Charles Walker  
Wyatt James Wilson

### April

Cole Edward Clark  
Alyssa Coulbourn  
Matthew Paul Eckerman  
Kenneth Edward Giffin  
Brennan Charley Godfredsen  
Deztiny Love Donna Heisdorffer  
Katelyn Joy Lacey  
Shawn Leon Levi  
Jalen Joseph Litscher  
O'Malley  
La'Tianna Jo'Nae Luten  
Alyssa Renee Lux  
Frederick Robert "Robbie"  
Dean Mortimer III  
Madison "Maddy" Lynn  
Nesbitt  
Camden Ray O'Connor  
Riley Jane-Marie Perkins  
Benjamin David Person  
Maggie Ameila Rose Rogerson  
Landon Scott Schaver  
Kennedi Eve Sherwood  
Preston Douglas Spahn  
Izzabella Maria Tambornino

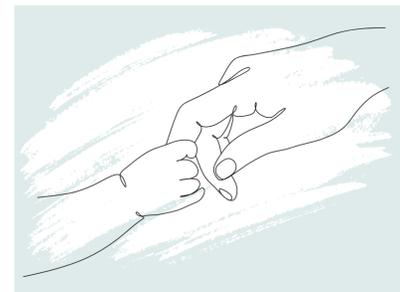
### May

Tyree R. Barnes  
Libbi Marsha Bendickson  
Dalton James Bixby  
Hannah Jo Blair  
Emma Nicole Bright  
Bentlee Jacob Edwards  
Grant Philip Evans  
BROCK OUR ROCK

James Ray Griffin  
Tysen Jacob Imbus  
Catherine Louise Jacoby  
Danika Jo James  
Adam Randal Jones  
Gavyn Scott Judd  
Logan James Lamoreux  
Konner Lihs  
David Mikel Logan  
James Nupp Jr. "JJ"  
Tanner Lee Port  
Tianna J'Nae Purk  
Cody Raymond Rupe  
Alec John Schlotfeldt  
Tanner Richard Skelton  
Presley Nicole Sapphire Whitaker  
Elizabeth 'Ellie' Christine  
Williams

### June

Rachel Marie Anderson  
Summer Sky  
Archer-Lawrence  
Ma 'Lani Barnes  
Ryan Michael Burris  
Harley Rae Carruthers  
Joseph Dale Davis  
Jory James Fisk  
Bently M. Hullinger  
Lindsey Marie Krusemark  
Justice Marie Ruthann  
Newsom  
Rylan Joseph Ogden  
Jaxton Daniel Plathe  
Jaxen Rosendahl  
Anthony Alan Ross  
Royce Sutton  
Benjamin James Swanson  
Colin Michael Tipping  
Billie Jo Thul  
Tjay Scott VanLangen  
Lexis Dawn Zeibig



## 2026 Day on the Hill

On Thursday January 29, the Iowa SIDS Foundation held the annual “Day on the Hill” at the Des Moines Capital building. Each year, this event provides an opportunity for Foundation staff and volunteers to connect with legislators and state representatives and share about SIDS, SUID, safe sleep and risk reduction. The 2026 Day on the Hill was extra important this year due to 2025 Federal cuts to programs that target SIDS reduction (see page 1). While the



Foundation is thankful for the recent restoration of these programs and funding, it is important that Iowa leaders understand the real impact of Sudden Infant death for the people in the communities they serve. Thanks to Lieutenant Governor Chris Cournoyer for stopping by again this year!



## Virtual Safe Sleep Family Education Session Continue

Since September 2025 the Iowa SIDS Foundation has been offering bi-monthly virtual safe sleep family education sessions. These free virtual sessions provide important information about the details of safe sleep and all Iowa caregivers are welcome to attend.

Participants who attend are provided with a free safe sleep gift bag for their baby that includes items to help implement safe practices. Since the start of this program over 50 caregivers have registered and we want to continue to spread the word! There are upcoming sessions in April, June, and August.

Registration is required for these sessions so if you or someone you know may be interested, scan the QR code included and please share!



## Scientists Work to Uncover Biological Mechanisms Behind SIDS



Despite years of research, scientists are only just beginning to understand what happens physiologically that leads to SIDS. SIDS continues to be the leading cause of death for children ages 1 month to 1 year in the United States.

Beginning in the 1970s when scientists began researching risk factors related to SIDS the consensus pushed blame toward natural causes. When the 1994 Back to Sleep public health campaign began SIDS deaths were halved but many infants still died. It became clear that SIDS is extremely complicated and complex. Now the focus is working to identify the vulnerable infant who may be lacking an autoresuscitation reflex that ultimately leads to SIDS.

In a recent publication in The Physiologist Magazine with the ultimate goal of identifying risk and preventing deaths author Tyler Santora discusses the points that SIDS is not one condition and may involve genetic and blood biomarkers. You can read the full article titled Unraveling the Physiology Behind Sudden Infant Death Syndrome in the January 2026 publication of The Physiologist Magazine found online at [www.physiology.org/publications/news/the-physiologist-magazine](http://www.physiology.org/publications/news/the-physiologist-magazine).

# Thank You... *The Iowa SIDS Foundation wishes to thank the following donors for their generous gifts.*

## Gifts Given In Memory Of:

**Cole Alexander Davis**  
Barbara Bohls

**Gina Marie Dolphin**  
Andrea Dolphin

**Shepard Joseph Hamann**  
Luke and Dana Hamann

**Alexa Jean Jonas**  
Linda Jonas

**Abigail Ilene Knoop**  
Emily Truitt

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**Ethan Troy Livingston**  
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**Shelby Jo McConnell**  
James McConnell

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Pamela Strum

**Ryan Dennis Mouglin**  
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DeAnne Simon

**Matthew Timothy Otten**  
Tim and Angela Otten

**Benjamin David Person**  
Jody Person

**Mariah Ann Pickering**  
Christina Foster

**Terry Beth Schroeder**  
Diane Schroeder

**Robert Benjamin Shaw**  
Bob and Stephanie Shaw

**Gavin Lee Sievers**  
Lois Poore

**Zachary Richard VanVleet**  
Joy Greubel  
Diana VanVleet

## Gifts Given in Memorial Honor Of :

**Pauline Schutt**  
Robin Brecht  
Leonard and Connie Burkart  
Marlys Clough  
Jerry and Joann Farrell  
Cindy Herwig  
Todd and Jill Hogan  
GP Gasway  
Cindy Jennings  
David and Kath Lohf  
Dale and Melody Lohf  
Shirley O'Connor and Family  
Diane and Dusty Proctor  
Alvin and Melany Reinboldt  
Kirk and Kris Rosel  
Arlo and Susan Weick  
Marvin and Vickie Weick  
Donna Yuska  
Kris and Rocky  
Sue and Kenny  
Many unnamed

**Barbara Beveridge**  
Marcia Albertson  
Sterck and Kathleen Barnes  
**Chaz Nove**  
Presbytery of the Twin Cities Area

## General Donations:

American Online Giving Fund  
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BlackBaud Giving Fund  
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Fareway Coin Collection, Clive  
Charles Glennie  
Jill Matthias  
Kendra Scott LLC  
Modern Woodmen  
One Hope Foundation  
PayPal Giving Fund  
Nathan Tentinger  
Thrivent  
United Way of Atlanta  
United Way of Central Iowa  
United Way Siouland  
UK Online Giving Fund  
Words Worth Repeating

## Employer Pledges-Employer Match:

Mid American  
The Wellmark Foundation  
The Principal Financial Group  
UMB Bank  
Wells Fargo



# Walk for the Future 2026– August 22nd

Believe it or not, preparations for the annual Walk for the Future have already begun! This statewide event, always held on the 4th Saturday in August, will be on August 22nd this year. Each year the Foundation looks for opportunities to enhance Walker's experiences at our locations and ways to make sure this fundraising event is as successful as possible to help support our mission and services. Be sure to check out the details and mark your calendars!

**2026 Walk Locations:** Cedar Rapids, Dubuque, Le Mars, Mount Ayr, Urbandale and Washington

*Want a location closer to you??* We are always looking for volunteers interested in stepping up to host new locations in their area. It's not too late to become a Walk Coordinator and bring a Walk to your home town. Contact [casey@iowasids.org](mailto:casey@iowasids.org) to learn more!

## Can my employer or business be a sponsor?

Yes! This year we are excited to be offering FOUR levels of sponsorship again: Bronze \$250, Silver \$500, Gold \$1,000 and Diamond Level \$1,500+. If you are interested in learning more, a sponsorship packet can be requested by email or phone.

Sponsors are critical in helping defray the operating costs of the statewide walks, which allows the funds raised to be maximized. All sponsors must be confirmed no later than June 15, 2026 in order for the Foundation to honor all sponsorship benefits. See sponsorship level information and benefits on page 7!

## Can I donate a raffle or Silent Auction Item?

Please! We would welcome products, gift cards, goodie baskets or any applicable item. Your family, friend group, or coworkers can come together and shop for some items that can be used on Walk Day. Contact the office for more info!

## Are volunteers needed?

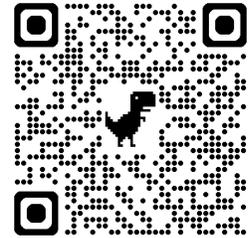
Always! Volunteers are critical in helping the Walk be successful and there are many ways to get involved. Here are some ways you can help out:

- Volunteer to assist in planning at various locations- Share your ideas and connections!
- Volunteer to help facilitate Walk Day- Help is needed to set up, clean up and make the experience family-friendly.
- Assistance in securing silent auction and raffle items– Approach your favorite business for a product donation or create a gift basket and donate to your location!
- Corporate sponsorships– Reach out to your employer or a business you frequent to ask for sponsorship. The office is happy to provide support for this, just reach out!

If you are interested in volunteering in any of the above mentioned ways, reach out to us for connection to your local Walk Coordinator, [casey@iowasids.org](mailto:casey@iowasids.org) or call 515-965-7655.

## How can I add my baby's name to the back of the shirt?

If you are interested in including your baby's name on the back of the 2026 Walk shirts, a consent signed by one of baby's PARENTS is required to be on file at our main office. If you completed a consent in the past it does **not** need to be renewed yearly unless your preferences have changed. You can contact us to confirm your baby has a consent on file or request one. All consents must be received no later than July 20, 2026. Scan the QR code to access the consent form.



## 2026 Shirts and apparel:

Just like in 2025 we will be offering t-shirts and hooded sweatshirts only. Apparel will only be available to Walkers who register online by the registration deadline. **Shirts will not be available on Walk Day and a later order will not be placed.**

## 2026 Registration Information:

Walkers will have an option to register for the Walk for \$25 (\$10 youth) without a t-shirt OR register and have a t-shirt included for \$35 (\$20 youth). Hooded sweatshirts will be available for \$42. Walk Day registration will be \$25, reminder shirts will not be available for those registering on Walk Day. The registration fee paid on Walk Day provides admission to the event. **ALL PARTICIPANTS IN ATTENDANCE ON WALK DAY MUST REGISTER** in order to complete the liability waiver.

*Want to support our cause but can't attend on Walk Day?* You can register as a "Non-Walker" and your shirt will be mailed directly to you!

**Online registration will begin on May 31st.**

**Questions:** All other questions can be referred to the office at [info@iowasids.org](mailto:info@iowasids.org) or by calling 515-965-7655.



# 2026 Walk Sponsorship Levels

Need an invoice? Proof of nonprofit status or a copy of our W9? No problem, email [casey@iowasids.org](mailto:casey@iowasids.org)

SPONSORSHIP FUNDS ARE DUE BY JUNE 15, 2026  
 FUNDS MAY BE MAILED TO: 2963 100TH ST. SUITE 2 URBANDALE, IA 50322

<p><b>\$250</b></p> <p><b>Bronze Level</b></p> <ul style="list-style-type: none"> <li>✓ Company recognized in our fall newsletter.</li> <li>✓ Company acknowledged on all Foundation social media outlets before the Walk.</li> </ul>	<p><b>\$500</b></p> <p><b>Silver Level</b></p> <ul style="list-style-type: none"> <li>✓ All Bronze Level benefits.</li> <li>✓ Company logo on all event posters.</li> <li>✓ Company name listed on Foundation's website.</li> </ul>
<p><b>\$1,000</b></p> <p><b>Gold Level</b></p> <ul style="list-style-type: none"> <li>✓ All Silver Level benefits.</li> <li>✓ Company logo on Walk shirts.</li> <li>✓ Company logo and link to company website on Foundation's website.</li> <li>✓ Recognized on social media pages before <i>and</i> after the Walk.</li> </ul>	<p><b>\$1,500+</b></p> <p><b>Diamond Level</b></p> <ul style="list-style-type: none"> <li>✓ All Gold Level benefits.</li> <li>✓ Company logo printed on a 2.5' x 6' vinyl banner to be displayed at each location on Walk day.</li> <li>✓ Verbal recognition at all Walk locations.</li> </ul>

## Facebook Donations

Thank you so much to those who choose to host an online fundraiser to benefit our Foundation! It is a simple way to make a big impact! A special thanks to those who chose to celebrate their birthdays by hosting a birthday fundraising campaign to benefit the Iowa SIDS Foundation! Happy birthday to the following; Cody VanPatten, Tami Sue Hartwig, Margo Sievers, and Ciera Fergen. The generosity and kindness of both the Facebook Birthday Fundraising sponsors and donors assists the Foundation in supporting families and providing safe sleep education. Thank you for choosing to be a part of our Foundation and helping fulfill our mission!

We appreciate all the following individuals making a Facebook donation through 10/1/2025-2/28/2026:

- |                       |                    |                       |
|-----------------------|--------------------|-----------------------|
| Alixzandra Swailes    | Karen Small-Greene | Samantha Jo Holschlag |
| Alyssa Bryan          | Kerry La Mountain  | Tami Hartwig          |
| Ciera Fergen          | Makayla Kelly      |                       |
| Ginger McGill         | Margie Wear        |                       |
| Jane Chalstrom Jensen | Norrine Kahler     |                       |
| Jen Brown             | Rebecca Bunch      |                       |
| Julie Johnson         | Rhonda Kay Clark   |                       |
| Karen Fergen          | Samantha Jenkins   |                       |





## Iowa SIDS Foundation

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## Summer Newsletter Deadline: June 1, 2026

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### Administrative Assistant

Ruth Arndt

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Jessie Mireles, Vice President

Jeff Jarding, Treasurer

Amy Gould, Secretary

Audrey Bush, Medical Advisor

Mackenzie Pirie

Tricia Lipski

Connie Sievers

Angela Van Horn

Tina Wagner

Karen Weiskircher

### General Submissions

The Iowa SIDS Foundation offers all parents, grandparents, relatives, childcare providers and friends the opportunity to submit information for the newsletter. This may include letters, poems, sharing your family's story or perspective, or highlights of events held in your local community to benefit the Foundation or to bring awareness to SUID and SIDS. Please note that due to space limitations, submitted material may have to be edited or held until a later newsletter.

It is our hope to give as many parents and family members the opportunity to share. For additional information or to submit your story, please contact the Iowa SIDS Foundation by calling 515-965-7655 or by email at [info@iowasids.org](mailto:info@iowasids.org).

### Remembering Our Babies

If you would like to honor your baby in our Remembering Our Babies section of the newsletter, we do require a written parental consent to be on file. Consents may be printed from our webpage or can be mailed or emailed to you by contacting our office by phone or email.

**UNSUBSCRIBE:** If you would like to have your name removed from the Iowa SIDS Foundation mailing database, please notify us at 515-965-7655 or [info@iowasids.org](mailto:info@iowasids.org).

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